

Nutrition 21

FOR IMMEDIATE RELEASE

Nutrition 21's Nitric Oxide-Boosting Nitrosigine® Pumps Up EVERTRAIN PRE, a New Pre-Workout Supplement

PURCHASE, NEW YORK – February 6, 2018 – Nutrition 21, LLC (“**Nutrition 21**”), has announced that its clinically substantiated ingredient, Nitrosigine®, is now featured in EVERTRAIN PRE, a recently launched pre-workout supplement designed to provide athletes with sustained energy, superior focus and increased endurance.

A uniquely versatile ingredient, Nitrosigine delivers clinically substantiated results. Its patented complex of bonded arginine silicate stabilized with inositol is scientifically engineered to significantly boost nitric oxide levels, a key factor in increasing blood flow to working muscles.[^] Nitrosigine is stimulant-free, starts to increase energy levels after a single dose, and continues to show significant increases in energy over time, making it a great addition to pre-workout supplements.

Nitrosigine's clinical evidence supports increased, long-lasting bioavailability and enhanced performance, giving sports nutrition products a competitive edge. “Consumers should look for EVERTRAIN PRE, as well as the Nitrosigine logo on sports nutrition products to get more out of their workouts,” said Nutrition 21 Vice President of Sales Jim Kahn.

“When it comes to our customer's health and fitness, we refuse to allow quality to be an empty claim,” says Dustin DePanis, Co-Founder and Doctor of Pharmacy at EVERTRAIN. “We take great pride in creating high quality products that are both safe and effective, and EVERTRAIN PRE's comprehensive formula is a perfect example of that. It uses the high quality, clinically reviewed ingredient Nitrosigine® to optimize training sessions for increased muscle volume and mental acuity.”

Consumer benefits shown to be directly linked to Nitrosigine supplementation include:

- Boosts key factors for increasing blood flow[^]
- Significantly improves mental acuity and processing speed by 33% within 15 minutes
- Increases muscle volume[^]
- Reduces muscle damage from exercise
- Increases energy quickly and safely
- Provides a safe, bioavailable source of arginine and silicon
- Significantly increases silicon levels for up to 1.5 hours
- Significantly enhances blood arginine levels for up to 6 hours[^]

[^]Results compared to baseline

About Nitrosigine®

Nitrosigine is a patented complex of bonded arginine silicate with FDA New Dietary Ingredient (NDI) notification status and has been self-affirmed Generally Recognized As Safe (GRAS) at the level of 1,500 mg per day for use in nutritional bars and beverages. Nitrosigine is scientifically engineered to boost nitric oxide levels, which have been shown to be a key factor in generating greater blood flow and vasodilation in working muscles. The unique Nitrosigine complex bonds arginine and silicate – unlocking powerful synergistic effects that offer enhanced benefits. Nitrosigine is a safe, non-stimulant, effective ingredient that is easy to formulate into new and existing products for sports nutrition, men's health and cardiovascular health. For more information, please visit: www.Nitrosigine.com

Media Contact
Mallory Junggren, Marketing Director
mjunggren@nutrition21.com
(914) 701-4511

About Nutrition 21, LLC

Nutrition 21, a wholly owned subsidiary of JDS Therapeutics, is a leader in the nutritional supplement industry. With many years of biotechnology and pharmaceutical experience, the Company's scientific platform has created unique, patented products that are safe and clinically effective. Rigorous preclinical and clinical trials are a key part of its product development strategy to ensure product safety and consumer trust. Nutrition 21 currently holds over 100 domestic and international issued and pending patents for products. Many support unique claims associated with, among others, glucose metabolism, weight management, cognition, and sports nutrition.

The Company is a developer and marketer of efficacious, high-value, clinically substantiated ingredients for dietary supplements, medical foods and beverages. Nutrition 21's branded ingredients include: Velositol[®], a dietary complex of amylopectin and chromium, which has been clinically shown to double the effects of whey protein -- significantly increasing muscle protein synthesis, the key to muscle growth; Chromax[®] chromium picolinate, with clinically substantiated benefits for glucose metabolism, weight management, and brain health; Nitrosigine[®] bonded arginine silicate, is clinically shown to significantly boost nitric oxide levels supporting mental acuity/focus and sports nutrition. Nitric oxide is a key factor in promoting the relaxation of smooth muscle in blood vessels, increasing blood flow to working muscles. For more information, please visit: www.Nutrition21.com

Contact Information

Jim Kahn
Nutrition 21, LLC
Vice President of Sales
914-701-4500
jkahn@Nutrition21.com

© 2018 Nutrition 21, LLC Chromax[®], Nitrosigine[®], and Velositol[®] are registered trademarks of
Nutrition 21, LLC

END

Nutrition 21, LLC, 1 Manhattanville Road, Suite 104, Purchase, New York 10577-2197 Source:
Nutrition 21, LLC DRA1280011918